

GOLF TOURISM ENGLAND

The Headland Hotel & Spa

FIVE-STAR HOTEL & SPA · NEWQUAY, CORNWALL

A five-star, Grade II listed Victorian hotel on the clifftop above Fistral Beach, a five-minute walk from Newquay Golf Club and within 45 minutes of Perranporth, Trevose and St Enodoc. 86 rooms and suites, 39 self-catering cottages, a Michelin-starred restaurant and an award-winning spa.

ADDRESS
Fistral Beach, Headland Road, Newquay, Cornwall TR7 1EW

ACCOMMODATION
86 rooms and suites + 39 cottages (1–3 bedrooms)

CHECK-IN / OUT
Hotel 3pm / 11am · cottages 4pm / 10am

PARKING
Free for 200 cars · coach access · 5 EV chargers · helicopter landing

RATING
Five AA Stars · opened 1900

INCLUDED FOR RESIDENTS
Breakfast · unlimited AquaClub · Spa access

OWNERSHIP
Independent, Armstrong family since 1979 · Pride of Britain Hotels

OPEN
All year · 24-hour reception · no dress code

GOLF NEARBY

COURSE	FROM HOTEL
Newquay GC	5-min walk · Colt links, 1890
Perranporth GC	Approx. 20 min · Braid links
Trevose G&CC	Approx. 30 min · Colt links
St Enodoc GC	Approx. 40 min · Braid, Church Course
West Cornwall GC	Approx. 40 min · Lelant links
Royal North Devon GC	Approx. 1 hr 45 · Westward Ho!
Saunton GC	Approx. 2 hrs · East & West links

ROOMS

CATEGORY	OUTLOOK
Best Rooms & Suites	Widest sea views; four-posters
Fistral View	South over Fistral Beach
Ocean View Rooms	Sunset ocean views
Coastal / Grounds	Grounds, AquaClub and coastline
Cosy Rooms	Compact, good value
Interconnecting	Range of group configurations
Cottages (39)	1–3 bed, self-catering or B&B; min. 3 nights

Priced per room, double occupancy B&B · every room dog-friendly · lift to all floors.

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Full page, photos and FAQs on the Golf Tourism England website.
Scan the code or visit golftourismengland.com/hotels/headland-hotel

GOLF PACKAGES

- **The Cornwall Links Experience:** three nights with a round each at St Enodoc, Trevose and Perranporth
- **Tee by the Sea:** one or two rounds at Newquay or Perranporth
- **Golf Spa, Stay and Play:** with spa and dining credits
- **Golf tuition:** three hours with PGA Professional Andy Evans at Newquay GC

DINING

- **Ugly Butterfly by Adam Handling** – Newquay's first Michelin star (2026). Four-course and eleven-course tasting menus; seasonal opening days (Wed–Sat Oct–Feb)
- **Restaurant RenMor** – two AA Rosettes (2026). Breakfast, lunch, afternoon tea and dinner over Fistral Bay
- **The Deck** – Cornwall meets the Med in the AquaClub: pizzas, antipasti, salads
- **The Ballroom** – lounge and veranda for drinks and light bites
- **Private dining** – Fistral Suite (56), RenMor Private Dining (40), Little Fistral (12), Morning Room (12)
- Room service for hotel guests · vegan menus · no dress code

SPA AND AQUACLUB

Headland Spa (adults 16+): heated pool, sauna, Cornish-salt steam room, tepidarium, eight treatment rooms; Elemis and Seabody treatments; five-bubble Good Spa Guide; AA Best UK Spa 2026.

AquaClub: six indoor and outdoor pools including a 25m lap pool, vitality, hydrotherapy and edge pools and the Sunset Spa hot tub. Life Fitness and Peloton gym.

GETTING HERE

FROM	APPROX.
Cornwall Airport Newquay	5 miles · 15–20 min
Exeter Airport	85 miles · 1 hr 45
Bristol Airport	165 miles · 3 hrs
London Heathrow	250 miles · 4 hrs 30–5 hrs
London Gatwick	270 miles · or fly LGW–NQY (seasonal)
London Paddington	Approx. 5 hrs by train
Newquay station	1 mile · 10 min by road
Padstow · St Ives	30 min · 45 min by road
Plymouth ferry port	Approx. 1 hr 15

No full-time taxi rank at Newquay Airport: pre-book transfers. Airport takes private aircraft; helicopters can land in the grounds by arrangement.

GROUPS AND EVENTS

- Meetings for 2–80 delegates; exclusive use up to 180
- Fistral Suite: theatre 45, reception 60 · The Gazzle: theatre 30, reception 40
- Day delegate rates from £25 pp · surf team-building with Surf Sanctuary
- Early arrivals can park, store luggage and use facilities, so groups can play on arrival day
- Early tee times: takeaway coffee and pastry, pre-booked

TRADE RATES AND BOOKINGS

Trade rates for bona fide tour operators are available on request:

The Headland Hotel & Spa
+44 (0)1637 872211
Groups: events.coordinator@headlandhotel.co.uk
Reservations: reception@headlandhotel.co.uk
www.headlandhotel.co.uk

AWARDS

Five AA Stars, AA Best UK Spa and two AA Rosettes (2026) · Michelin star, Ugly Butterfly (2026) · Country & Town House Best Sustainable Coastal Stay (2026) · Hotel Cateys Sustainable Hotel of the Year (2025) · Good Spa Guide five bubbles since 2022 · The Times Best Seaside Hotel in the UK (2020) · EarthCheck Silver

Drive times are approximate. Information supplied by The Headland Hotel & Spa and verified by Golf Tourism England, November 2026. Subject to change; please confirm details with the hotel when booking.